

LIFE INSTITUTE

WINTER 2018

COURSES & EVENTS



INSTITUTE

*Learning is
For Ever*

LEARN • SOCIALIZE • CONTRIBUTE

Ryerson
University

The Chang School
of Continuing
Education

About LIFE

“Learning is Forever” ... LIFE!

LIFE INSTITUTE is the largest program partner in Programs for 50+ in The G. Raymond Chang School of Continuing Education at Ryerson University. LIFE offers lifelong learning programs to adults 50+ who are retired or preparing for retirement. Members of LIFE can attend stimulating daytime classes and participate in creative learning at Ryerson or at off-campus locations. All members have full access to Ryerson facilities—the library, audiovisual materials, bookstore, cafeteria, the International Conference Centre, and the Ryerson Athletic Centre.

LIFE INSTITUTE offers a wide variety of study groups and lecture courses in the arts, humanities, sciences, technology, and contemporary issues. Computer classes, theatre outings, and creative writing classes are just some of the many programs offered in daytime classes throughout the Fall, Winter, and Spring semesters.

LIFE INSTITUTE is a non-profit organization managed by a board of directors elected annually by members of LIFE. Members are encouraged to participate in the many facets of the board’s activities in furthering new concepts in lifelong learning programs.

ACKNOWLEDGEMENTS

Thanks to:

- Sharon Zeiler, Chair, Glenn Frost, Elaine Goldbach, Wendy McDonald, Gail Maron, Simon Pearson, Sharon Roebuck, Dorothy Rubinoff, Martha Wall, and Executive Director, Elisabete Way, who formed the core committee
- Eva Bell, Judith Lowther, and Marcel Deurvorst, who provided invaluable help
- Rosanne Bernard and Sumintra Naraine of the LIFE Office
- The Chang School of Continuing Education:
 - Sandra Kerr, Director, Programs for 50+
 - Mena Carravetta, Program Assistant, Programs for 50+

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Disability Notice

If access to classes is difficult due to a disability (mobility, hearing, vision, or other), please advise your class host or the office at e: info@thelifeinstitute.ca t: (416) 979-5000, Ext. 6989.

DATES to REMEMBER – Winter 2018 Session

Monday, December 4, 2017 at 7 a.m.	Registration commences
Thursday, December 14, 2017	Winter holiday luncheon
Thursday, December 21, 2017	Office closes at 3 p.m. re-open Mon., Jan. 8, 2018
Tuesday, January 23, 2018	New members event
Monday, February 19, 2018	Family day; Ryerson University is closed
Tuesday, March 20, 2018	Partners in learning
Friday, March 30, 2018	Good Friday; Ryerson University is closed

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IT'S WHAT LIFE IS ABOUT

*Looking for more classes or things to do?
Why not look in this calendar at
the **clubs** on Pages 27 - 28 that LIFE offers?*

*Also, please view our [website's](#) **GET INVOLVED** page
where [clubs](#) and other **volunteer opportunities** are listed*

BE AWARE

As more and more of LIFE's courses are
being held off-campus, please
consider the possibility that

**BACK-TO-BACK CLASSES
MAY NOT BE IDEAL FOR YOU.**

NO SCENTS POLICY

We are committed to ensuring the enjoyment of all participants. In consideration of those in our classes who may have allergies and chemical sensitivities, please refrain from wearing cologne, perfume, after-shave or other scented products.

LIFE's **OMBUDDY** will assist members who have special financial needs. If you are experiencing difficulties paying your fees, or if you have any other problems you wish to discuss confidentially, please contact your Ombuddy, Jack Marmer jmarmer@idirect.ca
For all other enquiries, call the office at (416) 979-5000, staff ext. 6989

Remember:

You have 20 minutes between morning classes and noon classes. You have 20 minutes between noon classes and afternoon classes. Plan accordingly!

Welcome to Winter 2018 at LIFE Institute

The calendar for Winter 2018 offers a varied selection of courses reflecting a range of styles and delivery.

- **MODERATOR-LED COURSES** are facilitated by volunteer moderators who are members of LIFE. In some courses, the moderator will prepare and direct the content of the sessions. In others, participants not only choose the direction and content of the course, but also research and give presentations to the class on topics chosen.
- **LECTURE COURSES** are usually a series of lectures following a specific theme or topic; these are given by professors or experts in the field and often include time for questions and answers. Reading lists are frequently offered.
- **OFF-CAMPUS COURSES** are run in partnership with various city institutions in the city and are offered on their premises.

Membership and course registration

- Both membership purchase and course registration can be done on-line (payment by credit card) at www.thelifeinstitute.ca. Mail-in registrations are also accepted (payment by individual cheques ONLY; no cash). *We regret, we do not accept walk-in registrations in the weeks prior to and during registration.*
- Only LIFE Institute members can enroll in courses and activities (except as specified in the calendar). Membership for the year ending June 30, 2018, is \$80 per person.
- Registration is required for all classes, walks, and events you wish to attend, even for those that are free, except as specially marked in the calendar.

- **REGISTRATION PROCESS – PLEASE READ**
Registration commences **Monday, December 4, 2017** On-line registration will begin at **7 a.m.** each day.

You will enroll for your:

- Monday courses on **Monday, December 4**
- Tuesday courses on **Tuesday, December 5**
- Wednesday courses on **Wednesday, December 6**
- Thursday courses on **Thursday, December 7** and

- Friday, Saturday and Sunday courses on **Friday, December 8**

For those who wish to register by mail, please submit separate cheques and course registration forms for each course so that the same process can be observed. *Important: The LIFE office does not open until 9 a.m.; consequently, your mailed-in form and cheque will not be processed until after the office opens on each day of registration.*

Priority of registration: registrations are processed as received, on a first received, first processed basis.

Confirmation of registration: confirmation is immediate when you register on-line. If you register by mail, you will be notified by mail or email that your registration has been processed.

NOTE ON WAIT LISTS

Some courses are extremely popular and fill up very quickly. If you do not get in, you may remain on the Wait List or choose a different course.

BE CONSIDERATE

As a courtesy to your fellow LIFE members, if you know that you are going to be away for several classes, please do not register for the course. If you do register but find that you cannot attend, please withdraw as soon as possible so the LIFE office can add a member from the waitlist. Your cooperation is greatly appreciated.

LIFE policy for refund of fees

Refund of course fees, less a \$20 administration charge, will be made upon written application before:

- the first session of a 1-4 week course
- the second session of all courses 5 weeks or more

Course materials, admission, or other unique costs included in the fee may not be refundable.

If a course is cancelled, the entire fee is refundable, and the administration charge will not apply.

No refunds will be made for walks or computer one-session courses.

Theatre alive: There is no refund once the block of tickets has been purchased. Tickets are not mailed; they are picked up at the first play of the season.

Refund of membership fees will be considered only upon written request and may be subject to an administration charge. Please mail your written withdrawal request to:

LIFE Institute
The Chang School, Ryerson University
350 Victoria Street
Toronto, ON M5B 2K3
or email it to: info@thelifeinstitute.ca

Class times and dates

Class times and dates are usually as shown in the calendar. Occasionally, due to circumstances beyond our control, class times and/or dates may be changed, and classes may be held off the Ryerson campus. Classes start and end on different dates; please read the course descriptions carefully. From time to time, due to unforeseen circumstances, a class (or classes) in a course may have to be cancelled. Should this happen, your understanding will be very much appreciated.

Classroom location

Some rooms for our LIFE courses will not be assigned until the week before classes start. As soon as they are available, the full list of rooms will be posted on the LIFE website (www.thelifeinstitute.ca), with notification sent by email to members who have email. **Note:** Class hosts will be individually phoning only members who do not have email, to let them know their class locations.

BE AWARE

In the Winter, many of our classes are held off campus, due to the university's space constraints. LIFE strives to find offsite locations in close-proximity to the main campus, but there are occasions when the distance between 'back-to-back' classes are an issue. Please check the location of your courses before you enroll so that you are prepared.

As more and more of LIFE's courses are being held off-campus, please consider the possibility that back-to-back classes may not be ideal for you.

Please advise the LIFE office at (416) 979-5000, ext. 6989 if you have difficulty with a class due to a disability (mobility, hearing, vision, or other). Sometimes we can work out a solution.

LIFE Board of Directors 2017-2018

President - Virginia Bosomworth
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To reach any of our Board members, please contact the LIFE office.

Winter 2018 courses and activities by category

Category	Code	Title of course	Pg
ART/ART HISTORY	W17	Celebrating women artists	14-15
	W05	Drawing: freehand basics II	10
	W39	Giacometti: a pure presence	23
	W45	Going for it! Highlights of the Toronto 2018 art calendar	25
	W23	The great houses of Toronto: an urban architectural odyssey	16-17
	W49	The ordinary is extraordinary: art, self-expression, and well-being	26
	W50	Through an architect's eye: my favourite cities	26
	W40	Yayoi Kusama: infinity mirrors	23
	CULTURAL STUDIES	W38	Activism in the media
W13		Paths to reconciliation with Canada's indigenous people	13
W21		The view from anthropology. Where did we come from? Where are we going?	16
FILM	W43	The future is now	24
	W27	The wizard of odd: the films of David Lynch	18
HISTORY	W01	Central Asia and the Silk Road	15
	W47	India's role in world history	25-26
	W10	Lessons of the Vietnam war	12
	W02	Magna Carta: the making of the modern world	9
	W48	Rethinking Asia's influence in the 20 th century	26
	W44	Slavery in the ancient world	24-25
LANGUAGE	W22	War and peace in the Middle East	16
	W11	Discussion de films francophones X	12
LAW	W29	Significant Canadian criminal trials	18
LITERATURE	W26	Book talk	17-18
	W04	Telling the truth: the art of the memoir	9-10
MUSIC	W08	Bob Dylan: words and music	11
	W41	Concordance of sweet sounds: instrumental music of the Baroque	23-24
	W18	Latch on! "Fats" Waller and the Harlem Renaissance	15
	W28	Roll over Beethoven	18
	W34	Thursday morning at the opera	21
PASTIMES	W12	Creating photobooks	12
	W19	Organizing, managing, and enhancing your photographs	15
PHILOSOPHY	W25	Ancient Greek philosophy and literature: from Thales to Thucydides	17
	W09	Into the mystic: the philosophy of consciousness, love and being	11
	W15	World religions: a Rubik's cube	13-14
POLITICS/ PUBLIC AFFAIRS	W33	Currents in events – what matters	20-21
	W42	<i>The Economist</i> seminar	24
	W20	How the city of Toronto works...and why it often doesn't (CANCELLED)	15-16
	W06	The new global economy	10
	W03	People, politics, and other issues	9
	W37	The rise of identity politics	22
	W07	Should Kathleen win?	10-11

... continued on page 8

Category	Code	Title of Course	Pg
PSYCHOLOGY/ PERSONAL DEVELOPMENT	W16	The art and science of possibility	14
	W24	Light up your life and your brain	17
SCIENCE	W35	The biology of our changing bodies	21
	W32	Brain and mind	20
TECHNOLOGY	W31	iPad basics course – for beginners	20
THEATRE	W14	Shaw Festival preview	13
	W30	Theatre alive!	19-20
TRAVEL	W46	The ups and downs of the Camino de Santiago	25
WRITING	W36	Leaving a legacy: your life story	22

WINTER 2018 ROOM LOCATIONS

CED303: The Chang School, Ryerson University, 297 Victoria St., 3rd floor

ILLC226, International Living Learning Centre, Ryerson University, 133 Mutual St./240 Jarvis St.

ILLC - International Room, International Living Learning Centre, Ryerson University, 133 Mutual St./240 Jarvis St.

TEXTILE: Textile Museum of Canada, Auditorium, 55 Centre Ave.

VIC607A: The Victoria Building, 285 Victoria St., 6th floor

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Class Times and Locations



We're still expanding! As a result, course times shown in the calendar and rooms first allocated for LIFE classes may be subject to change. If this occurs, it is in order to obtain the best possible classroom space for our members, and we thank you for your flexibility, understanding and patience.

M O N D A Y

W1 Central Asia and the Silk Road NEW

The fabled Silk Road was an ancient 4000-mile network of trade routes that connected China to the Middle East and beyond. We will examine its fascinating history and its modern reincarnation. We'll also explore the political and economic development of Central Asia, and look at the many current opportunities to travel in this fascinating area. The "Great Game," the struggle to create empires in Central Asia, was played out here, and it continues to be an area of intrigue and mystery as different players seek to outwit their neighbours. Now, with a mammoth \$46 billion investment, China plans to build a modern version of the Silk Road, an ambitious undertaking often described as Beijing's signature foreign policy. PowerPoint slides will illustrate these developments, and class discussion will be encouraged.

Dr Philip Wood is a retired surgeon who has worked for many years in central Africa and has presented several popular courses for LIFE .

Limited to 50 participants

Dates: Jan. 29 – Mar. 26 (8 sessions, no class Feb. 19)

Time: Mondays, 10:10 a.m. – 11:50 a.m.

Location: ILLC – International Room

Fee: \$60

Moderator: Philip Wood

W2 Magna Carta and the making of the modern world NEW

The year 2015 marked the 800th anniversary of the Magna Carta, the landmark charter that placed limits on the power of the English king. Some of the Magna Carta's principles - the right to trial by peers and due process - have become basic to common law. The

charter influenced the creation of Parliament and the concept of equality before the law. Later interpretations informed the American and French Revolutions, Canada's Confederation, and the United Nations Universal Declaration of Human Rights. This course will explore the far-reaching and enduring impact of this historic document.

Carolyn Harris is a historian and author. She completed her PhD in history at Queen's University. She is the author of *Magna Carta and Its Gifts to Canada, Queenship and Revolution in Early Modern Europe*, and *Raising Royalty: 1000 Years of Royal Parenting*.

Limited to 70 participants

Dates: Feb. 5 – Apr. 2 (8 sessions, no class Feb. 19)

Time: Mondays, 10:10 a.m. – 11:50 a.m.

Location: Textile Museum

Fee: \$92

Lecturer: Carolyn Harris

W3 People, politics and other issues

We face many important and challenging issues today, issues that will have far-reaching impact on our lives. We focus in this group on the fundamental questions and key people driving these world events. We welcome opposing views, which make for a stimulating dialogue, carried on in a collegial and respectful manner. Participants choose the topics for discussion at the beginning of each semester.

Jay Waterman has been a member of the class for many years and has served as a Board member of LIFE. He is a Toronto native and retired lawyer.

Lloyd Cadsby is also a retired lawyer who is intrigued by the political and financial issues that dominate our lives. His background in mediation is useful in the give-and-take of class discussion.

Limited to 30 participants

Dates: Jan. 29 – Apr. 2 (9 sessions, no class Feb. 19)

Time: Mondays, 10:10 a.m. – 11:50 a.m.

Location: CED303

Fee: \$65

Moderators: Lloyd Cadsby and Jay Waterman

W4 Telling the truth: the art of the memoir NEW

This course will explore how different writers, artists, poets, and thinkers, amongst others, tell the story of

their lives. Writer Haruki Murakami conducts a series of interviews so that one of the world's great conductors, Seiji Ozawa, can share the story of his life and career in New York, Berlin, and Tokyo. Laurie Lee delves back into his rural childhood in a poetically lyrical memoir, *Cider with Rosie*. Olivia Laing shares her story about moving to New York City by looking at the lives of lonely artists in New York City. Alan Bennett shares entries from the diary that he keeps. We'll consider the different ways that these and other writers approach the memoir writing: What is their purpose in writing a life story? Tell the whole truth? What should be left out? How to structure the story? How long should it be – a single or several volumes? And, we'll consider the memoir as a literary genre that has helped shape the way we see the world. Perhaps you'll even want to share your own story!

Jeffrey Canton was for many years a lecturer in the Children's Studies program at York University. He's also a writer and performer at storytelling festivals and has offered courses on travel writers and essayists at LIFE, as well as at the Baycrest Learning Academy.

Limited to 30 participants

Dates: Feb. 5 – Apr. 2 (8 sessions, no class Feb. 19)

Time: Mondays, 10:10 a.m. – 11:50 a.m.

Location: ILLC226

Fee: \$92

Lecturer: Jeffrey Canton

W5 Drawing: freehand basics II

Freehand drawing is a natural human function, an innate non-verbal language. Drawing is not a talent; it is a skill that grows with practice. It is a means of gathering information, germinating ideas, and communicating observations. If you have attended the previous course or have the equivalent of beginner drawing, you are suited to this course. Come with whatever your level of skill to pick up where you left off. Please bring a drawing board if you already own one.

Sue Ericsson has taught *Drawing Fundamentals* for Ryerson since 1974.

**Please Note: The fee includes \$5.00 (non-refundable) for drawing materials for the first class. A course handout with a list of required materials will be given out at this class so that participants may purchase materials for subsequent classes themselves.*

***Only bring supplies you already own to first class.**

Limited to 25 participants

Dates: Feb. 5 – Apr. 2 (8 sessions, no class Feb. 19)

Time: Mondays, 12:10 p.m. – 1:50 p.m.

Location: CED303

Fee: \$97*

Lecturer: Sue Ericsson, BFA, SCA

W6 The new global economy: international business, anti-globalization, and working in the age of populism NEW

This lecture series will explore the changing nature of the international economy, with an emphasis on the 30-year rise of globalization. We will examine how the recent backlash to globalization has led to a surge of populism and protectionism, resulting in uncertainty and upheaval across the globe, and culminating in the Brexit vote and the election of Donald Trump.

Additionally, we will consider the role of work and labour in modern society, including the increase in shift or contract work and the decrease in "jobs for life." Finally, we will explore the prospects for the future of jobs with advances in technology and the use of big data and artificial intelligence.

Mohamed Elmi is a PhD candidate in Information Systems at the University of Cape Town and a lecturer in Global Management Studies at Ryerson University. Mohamed studies the role of technology in Africa. He holds a MA in International Development Studies.

Limited to 70 participants

Dates: Feb. 5 – Apr. 2 (8 sessions, no class Feb. 19)

Time: Mondays, 12:10 p.m. – 1:50 p.m.

Location: Textile Museum

Fee: \$92

Lecturer: Mohamed Elmi

W7 Should Kathleen win? NEW

The provincial Liberals have been in power since 2003. Thus, the upcoming 2018 election will mark 15 years of Liberal governance, some of which have been marked by controversy and scandal. Can Kathleen Wynne lead the Liberals to another victory? Should she?

Let's explore the political background, the current pressing issues, and the outlook for both the government and its opponents. We'll track the rise to power of the current premier and her years of leadership, as well as the political landscape before her ascent and the troubled years of controversy,

scandal, and resignations. And we'll take a look at the opposition parties – who's hot and who's not – and their chances of unseating the government. Plus we'll examine the hot button issues that will loom large during the coming campaign.

Omar Ha-Redeye is a lawyer and Adjunct Professor at Ryerson University. He has worked on countless campaigns at the federal, provincial, and municipal levels, and was a former staffer at Queen's Park prior to entering private practice.

Limited to 120 participants

Dates: Feb. 5 – Apr. 2 (8 sessions, no class Feb. 19)

Time: Mondays, 12:10 p.m. – 1:50 p.m.

Location: ILLC International Room

Fee: \$92

Lecturer: Omar Ha-Redeye

W8 Bob Dylan: words and music **NEW**

It is now 56 years since Bob Dylan recorded his first Columbia album. In that time, many imitators have come and gone, but Dylan remains one of our most fascinating and unpredictable cultural figures. His influence on the art and craft of song writing is immeasurable, and the summer 1965 release of *Like a Rolling Stone* transformed postwar popular music. Yet the notoriously private and evasive Dylan remains something of an enigma.

Musicologist, musician, and lifelong Dylan fan Mike Daley (whose research on Bob Dylan's singing style won the 1998 York University Thesis Prize) will break down Dylan's career through the decades using rare video and recordings. Known as a great lyricist, Dylan will be shown to also be a brilliant, if idiosyncratic, performer. We'll survey the ways that Dylan's work has been interpreted over the years and suggest some new approaches to his art. The course will also situate Dylan firmly within his times, from his role in the generational schisms of the 1960s right up to his recent Nobel Prize for Literature. With fresh insights and a critical ear, this course will be an authoritative account of Bob Dylan's life and music.

Dr. Mike Daley holds a PhD in music from York University and has taught undergraduate courses at Guelph, McMaster, Waterloo, and York Universities, as well as acclaimed later-life courses at York, University of Toronto, Ryerson, George Brown, Learning Unlimited in Etobicoke, Later Life Learning in

Mississauga, and the LIFE Institute.

Limited to 120 participants

Dates: Feb. 5 – Apr. 2 (8 sessions, no class Feb. 19)

Time: Monday, 2:10 p.m. – 3:50 p.m.

Location: ILLC International Room

Fee: \$92

Lecturer: Mike Daley

W9 Into the mystic: the philosophy of consciousness, love, and being **NEW**

Come on a journey across time and culture to understand how we can change our awareness to achieve feelings of love, belonging, and mindfulness. We'll explore the world of positive psychology, which includes the study of altered states of consciousness and our search for meaning in life, and visit the new field of behavioral neuroscience, which examines how we regulate our brain chemistry to create feelings of satisfaction, enjoyment, social comfort, and love itself. Meditation, aikido, yoga, tai chi, and other activities designed to allow us to enter deeper states of consciousness will be reviewed. Coming soon, in 2018, marijuana will be legalized in Canada; what are the qualities that make it attractive and how can it be used to promote well-being? Harvard University is studying LSD and other drugs for the treatment of PTSD. Johns Hopkins is studying the use of psychedelic mushrooms for depression. Canadian physician Dr. Gabor Mate is exploring the use of the plant drug Ayahuasca for the treatment of addiction. The French poet Baudelaire said, "'Don't be martyred slaves of time, get drunk...stay drunk!!'" Was he right? Come and find out in this tour of the human unconscious.

David Chandross holds a doctorate in the philosophy of education and masters degrees in medical education and cognitive neuroscience. He is currently a researcher and educator in the field of engagement in learning and healthy aging. Current clients include the faculty of medicine at U of T, the Armed Forces, Elections Canada, Baycrest Health Sciences and the College of Family Physicians Ontario. He has served as academic dean, associate dean and program coordinator across Canadian institutions and has held research fellowships at Simon Fraser University, the Ontario Cancer Institute, McMaster University and the University of Toronto, where he studied the effects of

mindfulness and meditation.

Limited to 70 participants

Dates: Feb. 5 – Apr. 2 (8 sessions, no class Feb. 19)

Time: Mondays, 2:10 p.m. – 3:50 p.m.

Location: Textile Museum

Fee: \$92

Lecturer: David Chandross

W10 Lessons of the Vietnam war **NEW**

The documentary filmmaker Ken Burns has called America's war in Vietnam the most important event in American history since the civil war. Many Americans hoped that they had finally left Vietnam behind them after the last helicopter rose from the doomed U.S. embassy in Saigon. The former U.S. Senate majority leader Mike Mansfield stated, "The American people want to forget Vietnam and not even remember that it happened." Despite this attitude, the Vietnam War remains fraught with a controversy which has important ramifications today. To some, the worst disaster of Vietnam is an unwillingness to learn enough from the war. Others eschew the past as a guide and regard reactions to Vietnam as visceral rather than reflective. This course will examine what, if any, are the lessons of the Vietnam war in the context of how history plays a role in important policy decisions.

Suzette Blom retired from the practice of law in 2005 and subsequently completed her PhD in French history at the University of Guelph. She co-authored a book on family practice in Ontario and has published several articles relating to eighteenth century French history.

Limited to 30 participants

Dates: Feb. 5 – Mar. 19 (6 sessions, no class Feb. 19)

Time: Mondays, 2:10 p.m. – 3:50 p.m.

Location: ILLC226

Fee: \$50

Moderator: Suzette Blom

W11 Discussion de films francophones X

Here's the course for those of you who wish to practise and improve your French skills in a relaxed cultural context. Shared subject matter for discussion is provided by viewing consecutive segments of films with English or French subtitles, followed by class discussion to analyze and discuss their historical, cultural, and social elements. The necessary vocabulary will be provided for each film so that you

can participate in the conversation and exchange of ideas. This course follows previous courses, *Discussion de films francophones I to IX*, and does require a solid background in French. It is open both to new members and to those who have already taken the previous courses. As always, the films selected for this course are new to continuing participants.

Dr. Françoise Mugnier taught French language, culture, and civilization courses at the University of Toronto for 40 years and has been teaching this course on francophone films with the LIFE Institute for the last several years.

Limited to 25 participants

Dates: Jan. 29 – Mar. 26 (8 sessions, no class Feb. 19)

Time: Mondays, 4:10 p.m. – 5:50 p.m.

Location: CED303

Fee: \$60

Moderator: Françoise Mugnier

T U E S D A Y

W12 Creating photobooks

Create photobooks and have a hard copy of your photos. While it is convenient to have pictures on our phones to share, many of us have so many photos from a particular occasion (e.g. a trip, birthday party, family event) that it would be better to have them all arranged in a printed photobook. Participants will actually put together a photobook during this course (though it does not have to be printed if one does not want to). We will use blurb.com which enables participants to work on this and future photobooks on their home computer or laptop. An internet connection will be required to download the book-making program and to upload the finished book when it is ready for printing. The skills learned will enable participants to create other photobooks in the future.

Prerequisite: PC users with a working knowledge of computer basics. Participants must bring their own laptops to this class.

Harold Hutner is a life-long photography buff who has taught photography courses at LIFE for several years and enjoys helping others learn how to manage their digital photographs.

Limited to 4 participants

Dates: Jan. 30 – Feb. 20 (4 sessions)

Time: Tuesdays, 10:10 a.m. – 11:50 a.m.

Location: VIC607A
Fee: \$40
Instructor: Harold Hutner

W13 Paths to reconciliation with Canada's indigenous peoples **NEW**

From 2008 – 2015, the Truth and Reconciliation Commission of Canada (TRC) heard compelling testimony from more than 6,000 First Nations, Inuit, and Metis survivors of Canada's residential school system. That system, and the official government policies that sanctioned it for more than 100 years, left a devastating legacy for generations of Indigenous children, families, and communities – and a deep, damaging stain on Canada's image as an open, just, and caring society. The TRC has delivered its findings along with a list of 94 "calls to action" for redressing past wrongdoings. What is reconciliation? What does it look like? What has been achieved and what obstacles lie ahead? What can individuals, communities, and institutions do to heal relations with Indigenous peoples across Canada? Lectures and guest speakers, along with slide and video presentations, and a possible local field trip, will help to animate discussions.

Nestor Golets enjoyed a 35-year career as a designer/writer/creative director in publishing and advertising, most recently at *The Globe and Mail*. Guided by his interest in public affairs, he has devised and moderated several other courses at LIFE Institute: Canada's role on the world stage, Degrees of democracy and Electoral reform in Canada.

Limited to 30 participants
Dates: Jan. 30 – Mar. 20 (8 sessions)
Time: Tuesdays, 10:10 a.m. – 11: 50 a.m.
Location: CED303
Fee: \$70
Moderator: Nestor Golets

W14 Shaw Festival preview

These spirited lectures will enrich your theatre-going experience. Talks on selected plays being offered this season at the Shaw Festival will be spiced with lively anecdotes, readings, short scene presentations, discussions, and background information on authors and theatre history. Enjoy some coffee, tea, and cookies along with informal discussion during the half-

time break. List of plays in order of presentation: *How He Lied to Her Husband*, *The Man of Destiny*, *O'Flaherty VC* (3 plays by Shaw), *O What a Lovely War* (Littlewood), *Stage Kiss* (Ruhl), and *The Orchard* (adapted by Serena Parmar). Other plays may be touched on.

Vrenia Ivonoffski is the artistic director of ACT II STUDIO, is on the acting faculty at George Brown Theatre School, and has taught at Ryerson Theatre School, University of Guelph and Sheridan College. Vrenia has more than 30 directing credits, has written 14 plays, is a member of Theatre Ontario's Talent Bank, and her show, *Leacock Live!* was Patron's Pick at the 2010 Toronto Fringe Festival. She is a past president of the Toronto Association of Acting Studios (TAAS) and received the 2014 Maggie Bassett Award by Theatre Ontario for her contribution to theatre in Ontario.

Limited to 40 participants
Dates: March 27 – April 17 (4 sessions)
Time: Tuesdays, 10:00 a.m. – 12:00 noon*
Location: VIC502
Fee: \$82
Instructor: Vrenia Ivonoffski
**Please note starting and ending times.*

W15 World religions: a Rubik's cube **NEW**

Globalization and technologies have combined to create a dazzling multi-faith community in the Toronto area. This course will examine the nuances and complexity of the major world religions by comparing them to a Rubik's cube. The cube's three planes represent the three major clusters of world religions, tangential to each other, but distinctly different. The religions of Middle Eastern origin – Judaism, Christianity, and Islam – are very different from the religions of the Balance Traditions – Daoism, Zen, Aboriginal, and Confucianism. The religions of India – Hinduism, Buddhism, and Jainism – form a third cluster. The six sides of the Rubik's cube represent the elements they all share. All religions derive from a numinous, transcendent religious experience composed of prayer, spirituality, and the supernatural. However their organizations differ markedly. While all world religions, except Zen, have scriptures to relive their original inspiration, and rituals to recreate this

experience, important differences exist, especially in core precepts and teachings on morality. The metaphor of the Rubik's cube will help us grapple with the complexity and subtlety of these great religions. Like the problem of the cube, there are no easy solutions, but through this multi-faceted approach, you will enjoy a glimpse into the fascinating and complex multi-faith culture in which we live. A rich selection of resources will illuminate our exploration.

Anthony Muhitch taught high school for 30 years and contributed to three world religion textbooks, as well as offering seminars for teachers with the Ontario English Catholic Teachers Association and co-chairing a Multi-faith literacy conference at the ROM.

Limited to 70 participants

Dates: Feb. 6 – Apr. 3 (8 sessions, no class Mar. 20)

Time: Tuesdays, 10:10 a.m. – 11:50 a.m.

Location: Textile Museum

Fee: \$92

Lecturer: Anthony Muhitch

W16 The art and science of possibility

Happiness and positivity, the research suggests, not only will make a person feel better, but also will boost his or her energy, creativity, and immune system, foster better relationships, and fuel higher productivity, as well as lead to a longer life. We will look at the hidden power of how everyday positive experiences can change your brain and at how to transform fleeting experiences into lasting improvements in your neural net worth. We will examine the concepts of and research about the myths of happiness, the importance of positive emotions, the effects of attention, mindfulness, meditation, positive connections, character strengths, and exercise. You will be given practical, easy-to-use strategies in which lie the possibilities for finding meaning, purpose, and a life of well-being. Although some material will be presented in lecture format, this class is essentially an interactive workshop. Be prepared to participate in large and small group discussions.

Lillian Mills, B.S., M. Ed., B.C.C., is a former special education teacher and now a professional life coach who uses the principles of Positive Psychology to inspire her local and international clients to attain their personal and professional goals.

Limited to 16 participants

Dates: Feb. 6 – 27 (4 sessions)

Time: Tuesdays, 12:10 p.m. – 1:55 p.m.

Fee: \$40

Location: CED 303

Moderator: Lillian Mills

W17 Celebrating women artists **NEW**

“Why have there been no great women artists?” art historian Linda Nochlin asked in 1971, when the Women's Movement was shaking up our social, political, and cultural institutions. Today we recognise the names of many ground-breaking women in the visual arts whose work has made a difference both to our visual culture and to the development of art – from Mary Cassatt to Judy Chicago, from Cindy Sherman to the Guerrilla Girls. This lecture series will look first at some historical women – Artemisia Gentileschi, Georgia O'Keeffe, Emily Carr – to see where the conventions of femininity constrained their careers and how they accommodated or defied them. We shall then examine thematically how the feminist theories of the past sixty years have opened up new areas of thought, while women artists placed women's desires, experiences, and political aspirations in public view. We shall look at both Canadian and international examples, and discuss the 2017-18 exhibitions around Toronto of Joyce Wieland and Annie Pootooguk, Sandra Meigs, and Yayoi Kusama. The lectures and video screenings will reveal the rich legacy of painting and sculpture, performance and installation, video, and experimental film through which women have transformed contemporary art.

Dr. Gerta Moray has taught art history at several Canadian and British universities, including the University of Guelph from 1989 to 2006. Her publications include *Unsettling Encounters: First Nations Imagery in the Art of Emily Carr* (Vancouver: UBC Press 2006), *Harold Town, Life and Work*, accessed at <http://www.aci-iac.ca/>, and many articles and exhibition catalogues on contemporary Canadian artists.

Limited to 60 participants

Dates: Feb. 6 – Apr. 3 (8 sessions, no class Mar. 20)

Time: Tuesdays, 12:10 p.m. – 1:50 p.m.

Location: to be confirmed

Fee: \$92

Lecturer: Gerta Moray

W18 Latch on! “Fats” Waller and the Harlem Renaissance NEW

Let’s set off on a fabulously entertaining musical journey through the life, times, humour, and incredible music of Thomas “Fats” Waller – one of the greatest jazz pianists, composers, popular songwriters, and beloved entertainers of the 20th century! We’ll explore “Fats” Waller’s place within, and immense contributions to, the Harlem Renaissance of the 1920s and ‘30s – a golden age when America’s greatest black artists, musicians, poets, and civil rights leaders turned Harlem into the glittering epicentre of African-American culture. Born into a religious family that considered jazz “the devil’s music,” Waller cut his musical teeth accompanying silent movies and was an early master of the pipe organ. He became a superbly accomplished stride pianist and bandleader of one of the hottest and most prolific swing bands ever recorded. A gifted composer, Waller’s immense output of songs includes *Ain’t Misbehavin’*, *Honeysuckle Rose*, *Black and Blue*, *Jitterbug Waltz* (the first jazz waltz ever written), and literally dozens more hit songs. Waller was also one of the very first African-American jazz artists to successfully tour, and charm, the world. This “killer-diller” course of Waller-ology will have you tapping your toes, snapping your fingers, singing along – and laughing! Latch On! Reeep!!

Jordan Klapman is a professional pianist, music director, and popular musicologist. He lectures at LIFE Institute, Baycrest Learning Academy, and several other institutions and cultural centres.

Limited to 70 participants

Dates: Feb. 6 – Apr. 3 (8 sessions, no class Mar. 6)

Time: Tuesdays, 12:10 p.m. – 1:50 p.m.

Fee: \$92

Location: Textile Museum

Lecturer: Jordan Klapman

W19 Organizing, managing, and enhancing your photographs

This course is for those people who want to better organize and manage their digital photographs and learn basic photo enhancement and editing techniques. In addition, the course will introduce various photo-sharing techniques so that you can share your photos with friends and family. The course

will utilize photo enhancement and organizing programs that either come with your computer or can be downloaded free from the internet.

Prerequisite: For PC users with a working knowledge of computer basics. Students are encouraged to bring their own computer to class, but it is not necessary.

Harold Hutner is a life-long photography buff who has taught photography courses at LIFE for several years and enjoys helping others learn how to manage their digital photographs.

Limited to 4 participants

Dates: Jan. 30 – Feb. 20 (4 sessions)

Time: Tuesdays, 12:10 p.m. – 1:50 p.m.

Location: VIC607A

Fee: \$40

Moderator: Harold Hutner

W20 How the city of Toronto works...and why it often doesn’t NEW

Come and discover how your city works, or doesn’t, with someone who’s been there and done that! This course will delve into the complex workings of Toronto’s municipal government and its delivery of services, its decision-making and policy development processes, its relationship with other orders of government, and the opportunities for civic engagement. We residents of Toronto may be familiar with press reports of controversies that swirl about City Council, but we often have little knowledge or understanding of what underlies these public issues. For example, the development of the city’s \$1 billion budget is the result of decades of policy decision and citizen action. We are actually often far more familiar with politics of the provincial and federal governments and their party systems than our own local affairs. As the municipal sector in Ontario is not allowed to develop political parties, their absence certainly creates a very different governance model. Topics will include framing the City of Toronto within the Constitution, historical influences on our local government, intergovernmental relations, operating and capital budgets, a look at wards and elections, and much, much more.

From 1991 – 2010, **Kyle Rae** represented downtown Toronto on Toronto City Council, eighteen years of those on the City’s Executive Committee. Prior to 1991, he was a gay activist and Executive Director of

The 519 Church St Community Centre. Currently he is a sessional lecturer in the Politics and Public Administration Dept at Ryerson.

Limited to 70 participants

Dates: Feb. 6 – Mar. 27 (8 sessions)

Time: Tuesdays, 2:10 p.m. – 3:50 p.m.

Location: Textile Museum

Fee: \$92

Lecturer: Kyle Rae

W21 The view from anthropology: Where did we come from? Where are we going? NEW

From time immemorial, people have asked where humanity came from and where it is going. Now, recent anthropological discoveries have shed exciting new light on these fundamental questions. In this introductory-level course, we'll consider how evidence from genetics and linguistics has led to new theories about human origins and early human migrations. We'll scrutinize how anthropologists are illuminating the nature/nurture dispute. We'll examine how ways of making a living have influenced past, present, and future social, demographic, and cultural change. We'll explore how humanity might be affected by fossil-fueled climate disruption. Join us on an anthropological journey back in time and forward beyond our lifetimes.

Dennis Bartels taught anthropology for many years at the Grenfell Campus of Memorial University of Newfoundland. His doctoral research in Guyana was followed by research in Russia. With Alice Bartels, he has published extensively on Newfoundland Mi'gmau.

Limited to 70 participants

Dates: Feb. 6 – Mar. 13 (6 sessions)

Times: Tuesdays, 2:10 p.m. – 3:50 p.m.

Location: Textile Museum

Fee: \$74

Lecturer: Dennis Bartels

W22 War and peace in the Middle East NEW

This lecture series is for participants who are interested in understanding the underlying issues and conflicts that have besieged the Middle East, from the civil war in Syria to the rise of Hamas, Hezbollah, Al Qaeda and ISIS, to the strife in Iraq, the terror in

Yemen and the Israeli-Palestinian conflict. This course will give participants a unique perspective and deeper understanding of the political and social environments in the Middle East and how the 2011 “Arab Spring” turned into the “Dark Winter” of today.

Amnon Zohar is a high-tech business entrepreneur and founder of internet and social media companies. He was born and educated in Israel and is a graduate of the Israeli Academy for Computer Sciences. He studied Political Science and International Relations at York University. After spending forty years in Canada he returned to the University of Tel-Aviv, majoring in International Relations, Islamic, Middle East and Global Security studies.

Limited to 40 participants

Dates: Jan. 30 – Apr. 3 (10 sessions)

Time: Tuesdays, 2:10 p.m. – 3:50 p.m.

Location: CED303

Fee: \$70

Moderator: Amnon Zohar

W E D N E S D A Y

W23 The great houses of Toronto: an urban architectural odyssey NEW

Discover how Toronto has evolved from its first log cabin (which still survives) to the metropolis of today. This course will explore the flourishing growth and development of our city by looking at houses and some important examples of city architecture built – and sadly demolished – over time. Our journey begins with the arrival of Governor Simcoe in 1793 and ends at the building boom of the '60s and the blocking of the Spadina Expressway, when Toronto arrived in the “modern” era. Along the way, we will uncover the origins of names such as *Spadina*, *Rosedale*, and *Summerhill*. As well, we will explore the meaning of the term “adaptive re-use” and see how Toronto tends to reinvent (and recycle) old buildings and houses of importance. The use of archival slides and the instructor’s personal collection of recent photos of our changing city will make this exploration a rich showcase of impressive great houses, representing different styles of architecture from across the centuries.

James A.S. Thompson is a continuing studies instructor with an MA in History and a diploma in Art History from the Courtauld Institute London. He has

been teaching and building courses on politics, art, and history for later-life learners for ten years.

Limited to 120 participants

Dates: Feb. 7 – Mar. 28 (8 sessions)

Time: Wednesdays, 10:10 a.m. – 11:50 a.m.

Location: ILLC International Room

Fee: \$92

Lecturer: James Thompson

W24 Light up your life and your brain

You can teach an old dog new tricks! Neuroscience and the emerging discoveries about brain plasticity demonstrate that what we think and how we think actually changes the structure of our brain. Aging can be stressful – and now we can rewire our brains by learning new skills and techniques to enhance memory, improve cognition, practice mindfulness, and find inner peace. Stress management is essential as we age. Speakers, group discussion, research projects and presentations, and a reading list will help us explore this fascinating area. Come prepared for a fun, interactive, and experiential course – and wear comfortable clothing for easy warm-ups and two sessions in the gym, doing mindful exercises on mats on the floor. Guided practice will be part of every session: sit in chairs (or lie down), eyes closed, follow the moderator's voice as we learn how to be present with ourselves, accept what arises in the moment and gain insight into our own feelings and reactions.

Judy Steed is an award-winning writer/author who leads a guided meditation/mindfulness practice. She enjoys moderating at the LIFE Institute, sharing skills and techniques to enhance memory and cognition, and reduce stress.

Limited to 30 participants

Dates: Feb. 7 – Mar. 28 (8 sessions)

Time: Wednesdays, 10:10 a.m. – 11:50 a.m.

Location: CED303 and RAC Studio II

Fee: \$72*

Moderator: Judy Steed

***Cost of course includes \$12 non-refundable studio fee.**

W25 Ancient Greek philosophy and literature: from Thales to Thucydides

NEW

Ancient Greece, or more properly classical Athens, is often seen as the foundation of western civilization. Having tried every political system known, Athens settled on democracy, which collapsed into empire in scarcely a generation. At the same time, the Greeks stepped away from the mythological and toward secular philosophical views. During the classical period, the theories of the Presocratic philosophers gave rise to the formalization of education and a period of theory reconciliation, both under the guidance of the great Sophists. Poetry had given rise to philosophy, and philosophy to politics. We will learn how literature, philosophy, politics, and history conspired to create the Western world.

Thomas Hart received his PhD from Durham University, England, and has been teaching Philosophy and Classics since 2003, first at the University of Utrecht, the Netherlands, and since 2010, at Ryerson University.

Limited to 40 participants

Dates: Feb. 7 – Mar. 28 (8 sessions)

Time: Wednesdays, 12:10 p.m. – 1:50 p.m.

Location: CED303

Fee: \$92

Lecturer: Thomas Hart

W26 Book Talk

Come and join the discussion about books in this lively, thought-provoking group where we explore, debate and enjoy an assortment of novels and biographies. The name of the book for the first session will be sent in advance to participants. Books for the remaining classes will be decided by the group at the first meeting and presented by members at each subsequent meeting. Participants are encouraged to bring their own book suggestions.

Lindy Small and **Deborah Wingate** are pleased to lead this long-standing group for LIFE. Lindy, a retired educator, and Deborah, a retired librarian, enjoy books of all types and have been avid readers since childhood.

Limited to 16 participants

Dates: Feb. 7 and 21, Mar. 7 and 21 (4 sessions)

Time: Wednesdays, 12:10 p.m. – 1:50 p.m.
Location: VIC607A
Fee: \$40
Moderators: Lindy Small and Deborah Wingate

W27 The wizard of odd: the films of David Lynch NEW

David Lynch is America's premiere pop Surrealist. Since blowing minds at midnight with *Eraserhead* in 1977, Montana's most famous Eagle Scout has made some of the most powerful, provocative, and iconic American movies of the era – *Blue Velvet*, *Wild at Heart*, *The Elephant Man*, and *Mulholland Drive*. The return earlier this year of Lynch's groundbreaking television series *Twin Peaks* has only solidified his legend. In this course, we will work our way through Lynch's filmography, including *Twin Peaks*, as well as his shorts, experimental work, and collaborations with musicians and other celebrities. Note: this course includes clips featuring strong adult content.

Adam Nayman is a film critic and author whose work has appeared in a variety of publications, including *The Globe and Mail* and *The Walrus*. He teaches at the University of Toronto and Ryerson and has published two books on cinema.

Limited to 120 participants
Dates: Feb. 7 – Mar. 28 (8 sessions)
Time: Wednesdays, 12:10 p.m. – 1:50 p.m.
Location: ILLC International Room
Fee: \$92
Lecturer: Adam Nayman

W28 Roll over Beethoven

Come and celebrate the legends of rock n' roll. With plenty of golden oldies coming at you every step of the way, this course will examine the roots of rock n' roll – how it evolved out of the American rural south and how the independent record labels and radio stations unleashed the likes of Fats Domino, Little Richard, and Chuck Berry, Jerry Lee Lewis, Elvis Presley, and Buddy Holly. Then it's the mindless bliss of the early 1960's – the girl groups, the teen idols, doo-wop, surf music, car music, the dance crazes, Motown, and the Phil Spector Wall of Sound. The British invasion goes pop with the Beatles, and the Searchers, followed by a second R&B British invasion, powered by the Rolling Stones, the Animals, and the Yardbirds. An unforgettable decade

culminates in the Woodstock era and the music of the Doors, the Moody Blues, the Jimi Hendrix Experience, and many others. An excellent audio system will make every musical blast from the past sound better than ever, and each lecture will include a large selection of hidden gems, sure to keep your feet moving smooth and light. Shake it baby, shake it!

Born and raised in Toronto, **Tom Plewman** graduated with a BA in History from the University of Western Ontario. For thirty years he owned and operated the Madrigal Classical Record Shop in London, Ontario, then in Halifax. He has a twenty-five-year background in radio and thirty-five years of experience giving talks on great composers for various church groups, retirement homes, and classes.

Limited to 120 participants
Dates: Feb. 7 – Mar. 28 (8 sessions)
Time: Wednesdays, 2:10 p.m. – 3:50 p.m.
Location: ILLC International Room
Fee: \$92
Lecturer: Tom Plewman

W29 Significant Canadian criminal trials NEW

In this course we will examine and analyze Canadian criminal proceedings that were shocking, precedent-setting, or controversial. Verdicts and outcomes were sometimes reflective of societal prejudices and in many cases injustices resulted. Cases that will be discussed include Susan Nelles, Steven Truscott, Paul Morin, Henry Morgentaler, Paul Bernardo, and others. We will also profile and applaud the effort of the dissenters and advocates for justice.

Alex Borman, B.A., L.L.B., practiced law for over three decades and has served as an instructor of paralegal courses as well as a guest speaker for different groups, including LIFE Institute.

Limited to 30 participants
Dates: Feb. 7 – Mar. 14 (6 sessions)
Time: Wednesdays, 2:10 p.m. – 3:50 p.m.
Location: CED303
Fee: \$50
Moderator: Alex Borman

W30 Theatre alive!

Wednesday, February 14, 1:00 p.m.

The Humans

By Stephen Karam

A Canadian Stage and Citadel Theatre production

Canadian Premiere

Breaking with tradition, Eric Blake has brought his family to celebrate Thanksgiving at his daughter's lower Manhattan apartment. As darkness falls, tensions reach a boiling point, and the unspoken pressures facing the Blake clan simmer to the surface. Winner of four 2016 Tony awards including Best New Play, Stephen Karam's breakthrough comedy-drama is a scorchingly funny and frighteningly timely snapshot of a family caught in the wake of a changing nation.

"Extraordinary, funny, poignant, even chilling." *The Washington Post*

"Depicts the way we live now with a precision and compassion unmatched by any play." *The New York Times*

Bluma Appel Theatre

St. Lawrence Centre

27 Front Street East

Wednesday, March 14, 1:30 p.m.

Cottagers and Indians

By Drew Hayden Taylor

Cottagers and Indians is a commissioned work that takes a sincere and pragmatic look at conflicts between native traditional water usage and property owners up in cottage country who are looking to enjoy an undisturbed summer getaway.

"Drew Hayden Taylor has a deft touch for mixing comedy and commentary in an entertaining and all-Canadian form of social satire." *Vancouver Sun*

"There are no real heroes or villains in a story like this, only people trying to look after their families."

Drew Hayden Taylor

Tarragon Theatre

30 Bridgman Avenue

Wednesday, March 28, 1:30 p.m.

Bunny

By Hannah Moscovich

Toronto Premiere

Aroused by inappropriate love, young Sorrel discovers the power of her own allure. Ever the outsider, she

struggles with the socially acceptable only to find herself increasingly alone in her desires. Dangerous and disorienting, *Bunny* is a play about repressive social convention, personal inhibition, and desire unleashed.

"I wish I were a girl again, half-savage and hardy, and free." Emily Bronte

"Sexy; a beautiful play." *The Toronto Star*

Tarragon Theatre

30 Bridgman Avenue

Wednesday, April 11, 1:00 p.m.

The Overcoat an Opera

Libretto by Morris Panych, Music by James Rolfe

A co-production with Tapestry Opera–Vancouver Opera

World Premiere

If clothes make the man, they can undo him. For Canadian Stage's 30th, Morris Panych's and Wendy Gorling's theatrical phenomenon returns as a world premiere opera on its 20th anniversary of creation. With a libretto by award-winning Panych based on Gogol's 19th century novella, and music by James Rolfe, one of Canada's finest composers, the story follows a lowly office worker whose uneventful life is turned upside down when he is robbed of his new overcoat. *The Overcoat an Opera* sparkles with the trademark wit and intricate choreography that propelled the work to international acclaim.

"A work that grows richer on each subsequent viewing, a creation that combines laughter with pathos and exhilaration with despair."

The Toronto Star (on 2007's *The Overcoat*)

Canadian Stage

Bluma Appel Theatre

St. Lawrence Centre

27 Front Street East

There will be a talkback after every performance. Tickets for all performances will be given to you at the theatre before the first play. They will not be mailed to you. A reminder will be sent by e-mail before each performance.

PLEASE NOTE: No exchange or refund will be given after the final ticket order has been placed. Please address any concerns or complaints to the LIFE office and not to the theatre.

IMPORTANT: Please be aware of the start times of each performance as some theatres do not allow latecomer seating.

Limited to 80 participants

Dates: Feb. 14, Mar. 14, Mar. 28, Apr. 11

Time: Wednesday afternoons (see times above)

Fee: \$97

Locations: as indicated

Coordinator: Rayna Jolley assisted by Florence Silver

Theatre Web Sites:

canadianstage.com

tarragontheatre.com

citadeltheatre.com

tapestryopera.com

vancouveropera.ca

T H U R S D A Y

W31 iPad basics course – for beginners

Are you a new or inexperienced user of your iPad? This course, for people with iPads using the latest operating system (iOS 11.x), will introduce the Settings options and explain the basics of some of the programs that come with your iPad, such as Mail, Safari, Contacts, iTunes, Music, and Cameras. We will also introduce the App store, show how to organize your apps, suggest utilities, and teach how to troubleshoot app problems. The course will suggest a number of good free apps for travellers, games, finance, entertainment, reading, and news, plus tips for Google searching, and more. You will need to bring your iPad along with your Apple ID and password to class each week.

This is a new course – taken at a gentler pace than Dorothy's previous iPad course. Dorothy plans to offer a second, intermediate, course in a future term
Dorothy Rubinoff spent her career as an IT Trainer and software expert, for the last 18 years at the Ontario Securities Commission. She has spent the past seven years learning all of the ins and outs of the iPad and is thrilled to share her findings.

Limited to 15 participants

Dates: Feb. 1 – Mar. 29 (8 sessions; one class within these dates to be cancelled)

Time: Thursdays, 10:10 a.m. – 11:50 a.m.

Location: CED303

Fee: \$60

Moderator: Dorothy Rubinoff

W32 Brain and mind

The brain is a most marvelous thing. In the words of Emily Dickinson, the brain is “wider than the sky,” because it can contain within itself both the whole universe and the person who perceives it. This course will introduce you to the human brain. You will find out how its neurons support those processes that make us human beings: perception, consciousness, language, emotion, and memory. You will also learn about the most common diseases of the brain that interfere with normal function. And all of this will be presented in easy-to-understand language with lots of time for questions.

Terence W. Picton, M.D., Ph.D., F.R.S.C., Emeritus Professor (Neurology, Psychology), University of Toronto, enjoys explaining things. He has studied how perception, attention and memory occur in the normal human brain, and how these processes fail when the brain is damaged.

Limited to 60 participants

Dates: Feb. 1 – Mar. 22 (8 sessions)

Time: Thursdays, 10:10 a.m. – 11:50 a.m.

Location: to be confirmed

Fee: \$92

Lecturer: Terence W. Picton

W33 Currents in events – what matters

In our weekly sessions the group will discuss two topics of major interest in current events, as previously selected by class participants. This is a participatory class, and everyone should want, and expect, to join in the discussion. General participation helps the group better understand the complexity of the topics being discussed, and the variety of views and feelings that they evoke. It also minimizes “lecturing” tendencies. The objective of such discussions, over the course, will be to deepen participants’ (and the moderator’s) knowledge of significant current events and expose the variation in viewpoints that sometimes makes reasoned discourse difficult.

Jess Hungate, BA and JD (Harvard), and MPA (Princeton), has worked as a lawyer in New York City and Toronto, and currently serves on various boards and committees. He is interested in public policy,

politics and board governance, and believes strongly in collaborative learning approaches.

Limited to 25 participants

Dates: Feb. 1 – Mar. 29 (8 sessions, no class March 15)

Time: Thursdays, 10:10 a.m. – 11:50 a.m.

Location: to be confirmed

Fee: \$60

Moderator: Jess Hungate

Please note: There will be no class March 15. In addition, two classes may have to be rescheduled.

W34 Thursday morning at the opera

Così fan tutte by Mozart

Don Pasquale by Donizetti

La Donna del Lago by Rossini

Un Ballo in Maschera by Verdi

Lohengrin by Wagner

Take your seat for LIFE's winter opera season and enjoy five glorious favourites. First is Mozart's beloved comedy *Così fan tutte*, usually translated as "women are like that," which begins with a cynical bet that two beautiful young women can't remain faithful to their fiancés for 24 hours.

Donizetti's *Don Pasquale* is his comic masterpiece featuring some familiar characters of the period – an elderly buffoon who decides to marry in order to disinherit a rebellious nephew who wishes to marry against his uncle's wishes, the nephew's clever lady love who helps outwit his uncle, and his friend who supports the young lovers. The comedy sparkles, and the music is dazzling.

La Donna del Lago by Rossini is a tale of romance in the Scottish highlands based on a poem, *The Lady of the Lake*, by Sir Walter Scott. It was the first of many Italian operas to be based on Scott's works, the most famous being Donizetti's *Lucia di Lammermoor*.

Verdi loosely based *Un Ballo in Maschera* on the 1792 assassination of the Swedish King Gustav III, shot while attending a masked ballroom dance. But after censorship and politics required changes, the opera was set in Boston, MA, during the Colonial period! However, the original Swedish setting is usually restored in recent performances.

Wagner's romantic *Lohengrin*, first performed in 1850 with Liszt conducting, will end our season. Based on the medieval tale of a mysterious prince who instructs his wife never to ask his true name, it exemplifies

Wagner's love of great mythic themes. It includes the famous Bridal Chorus, better known to most of us as "Here Comes the Bride."

Marcel Deurvorst, lifelong opera and classical music aficionado, continues in his twelfth year of presenting superb music to LIFE members from his own CD/DVD collection.

As always, **Professor Eric Domville**, University of Toronto Professor Emeritus, lecturer, broadcaster, and writer, will introduce these five operas.

Limited to 70 participants

Dates: Feb. 1 – Apr. 5 (10 sessions)

Time: Thursdays, *10:00 a.m. – 11:50 a.m.

Location: Textile Museum

Fee: \$80

Moderator: Marcel Deurvorst

**Please note starting time.*

W35 The biology of our changing bodies

NEW

We are all getting older – but, we can also get wiser! The more we know about the aging process, the better we will be equipped to live with it. This course will give you a better understanding of the basic biology of aging, how body functions change with age, and the potential onset of diseases. Also discussed will be our changing nutritional needs, the possibilities and benefits of exercising as we age, and sleep and stress management. Gain insight in how to adjust life style choices for maximum health, and learn how to age successfully.

Christine Dimanche is an enthusiastic higher education professional with over 20 years of international experience in teaching, with a focus on human biology, health, and wellbeing. She has taught varied student populations, including adults with special needs and seniors, and is experienced in health and fitness program development.

Limited to 60 participants

Dates: Feb. 1 – Mar. 29 (8 sessions, no class Mar. 1)

Time: Thursdays, 12:10 p.m. – 1:50 p.m.

Location: to be confirmed

Fee: \$92

Lecturer: Christine Dimanche

W36 Leaving a legacy: your life story

You don't have to be famous to have an interesting life story that deserves to be told and will be treasured as a one-of-a-kind legacy by those you love today and heirs you will never meet. In bygone days, this happened naturally because handwritten letters were passed from generation to generation. But today's communications are usually by phone, email and text, resulting in too few personal archives being preserved. This course, which evolved from LIFE's long-running *Recording Recollections*, will help you create your life story by breaking the mammoth process into small chunks of memories. Before class each week, you will write a new 500 – 1,400-word memoir to read aloud. Outside of class, you will weave your individual pieces into what will eventually become your complete autobiography. While this is not a teaching class, the moderators will, as time permits, comment constructively on each memoir. Also, you will be sent a comprehensive "starter" package before classes begin. And there is a valuable after-class opportunity (at the nearby Imperial Tavern) to chat with your fellow memoirists about the projects you're all working on.

Terry Poulton, who moderated *Recording Recollections* for six years before launching *Leaving a Legacy* in 2016, is a former journalist and author who now focuses on helping people write their life stories (www.memoirwhisper.com).

Tamara Handler is a former school teacher and an accomplished and enthusiastic memoirist.

Limited to 12 participants

Dates: Feb. 1 – Apr. 5 (10 sessions)

Time: Thursdays, 12:10 p.m. – 1:50 p.m.

Location: CED303

Fee: \$70

Moderators: Terry Poulton and Tamara Handler

W37 The rise of identity politics **NEW**

Why do some countries oppose same sex marriage or ban women wearing headscarves, while others impose gender quotas in support of women in leadership positions? In this lecture series, using a comparative perspective, we will explore the causes and consequences of policies put forth by advanced democracies that focus on identities – gender, sexuality, race, religion, and others. We will consider such crucial issues as: does this approach benefit

society; why and how are some groups more successful than others; the rise of new groups such as Black Lives Matter and the Alt Right; the role of quotas and affirmative action; should assimilation or multiculturalism be encouraged, and more.

Ruby Latif is a sought-after political consultant and ethnic media/community engagement specialist. She holds a MA in Leadership and is pursuing a doctoral degree in Leadership. Currently she sits on the Ontario Government's Anti-Racism Secretariat.

Limited to 70 participants

Dates: Feb. 1 – Mar. 22 (8 sessions)

Time: Thursdays, 12:10 p.m. – 1:50 p.m.

Location: Textile Museum

Fee: \$92

Lecturer: Ruby Latif

W38 Activism in the media: the effect of humour and satire on public opinion and policy **NEW**

What impact does "relevance television" have on social behaviour and policy? This series will examine the wide range of media presentations that use humour or satire to shed light on social issues and then discuss whether or not they actually have an effect. We know that humour in advertising usually helps sell products, but do these methods really work in mass entertainments? Do social media, such as Twitter and Facebook, change social consensus in a measureable way or does the ubiquity of networking create a "vast wasteland"?

We'll look at a wide variety of sources, including video clips of memorable episodes from such TV shows as *All in the Family* and *The Daily Show* and political movies such as *Wag the Dog* and *All the President's Men*, documentaries from Michael Moore among others, vinyl recordings from comedians like Lenny Bruce and Tom Lehrer, as well as suggested articles and websites. Hopefully, we'll widen our understanding of the influence of satire and humour on public opinion and social change, as we have fun revisiting and discussing the content of some ground-breaking satirical shows of the past.

Jack Newman has been an award-winning actor and writer in Toronto for 45 years. He has worked at ACTRA (The Association of Television and Radio Artists) for 22 years as an on-set representative and on

ACTRA's National and Local governing councils. He has lectured on entertainment subjects at the MNJCC and the LIFE Institute.

Limited to 60 participants

Dates: Feb. 1 – Mar. 22 (8 sessions)

Time: Thursdays, 2:10 p.m. – 3:50 p.m.

Location: to be confirmed

Fee: \$92

Lecturer: Jack Newman

W39 Giacometti: a pure presence **NEW**

We will explore the fascinating life work and legacy of Giacometti, one of the most important and distinctive artists of the twentieth century. Like Pablo Picasso, that other giant of modernism, Giacometti's art spans painting, sculpture, drawing, and printmaking. He was a restless innovator whose career embraced both surrealism and existentialism, but who is perhaps best remembered for his figurative work, which helped make the motif of the suffering human figure a popular symbol of post-war trauma. However, unlike Picasso whose work is well known and celebrated, important aspects of Giacometti's art remain unexplored and underestimated, in particular his portraits. These are the works that Jean Paul Sartre described as evoking the "pure presence of a human being."

Osnat Lippa graduated in art and design from London Guildhall University, with postgraduate work in digital imaging. She has taught at George Brown College, worked as a freelance illustrator, and presented workshops in digital media at the Silver Screens Arts Festival. She has presented many popular art history courses at LIFE.

Limited to 70 participants

Dates: Feb. 1 – 22 (4 sessions)

Time: Thursdays 2:10 p.m. – 3:50 p.m.

Location: Textile Museum

Fee: \$56

Lecturer: Osnat Lippa

***Please note:** *This course, Giacometti – A Pure Presence, and the course Yayoi Kusama: Infinity Mirrors run consecutively, and therefore both may be taken.*

W40 Yayoi Kusama: infinity mirrors **NEW**

This spring an exciting major exhibit, *Yayoi Kusama: Infinity Mirrors*, will open at the AGO, featuring six of this avante-garde artist's Infinity Mirror Rooms, in which the use of mirrors and lights creates magical and kaleidoscopic effects. Also included in this travelling exhibit are playful installations, sculptures, and paintings. This is a rare opportunity to enjoy a living artist, still working at 88 years of age, whose radical vision has influenced art, design, and contemporary culture throughout her lifetime. We will explore the life of this worldwide phenomenon and her extraordinary art. And be warned – get your tickets early! They sell out in days everywhere this astonishing artist is displayed.

Osnat Lippa graduated in art and design from London Guildhall University, with postgraduate work in digital imaging. She has taught at George Brown College, worked as a freelance illustrator, and presented workshops in the Silver Screens Arts Festival in digital media. She has presented many popular art history courses at LIFE.

Limited to 70 participants

Dates: Mar. 8 and 15 (2 sessions)

Time: Thursdays, 2:10 p.m. – 3:50 p.m.

Location: Textile Museum

Fee: \$38

Lecturer: Osnat Lippa

***Please note:** *This course, Yayoi Kusama: Infinity Mirrors, and the course Giacometti – A Pure Presence, run consecutively, and therefore both may be taken.*

F R I D A Y

W41 Concordance of sweet sounds: instrumental music of the Baroque **NEW**

Instrumental music came fully into its own during the 17th and 18th centuries, from early Italian *canzonas* to Bach's *Brandenburg Concertos*, Vivaldi's *Four Seasons*, and sonatas, suites, and concertos by so many other great composers. Through active listening, imagery, lecture, and discussion, this course explores the various forms, instrumental sounds, and national styles of Baroque chamber and orchestral music. Join us to discover new musical gems, and experience familiar works in a new way.

Alison Melville holds the degree of MMus from the University of Toronto, and studied at the Schola Cantorum Basiliensis as the winner of various awards from the Canada Council. She has taught master classes, workshops, and various courses for universities and early music workshops across North America. One of Canada's leading performers on historical flutes and recorders, she is a member of Toronto Consort and Ensemble Polaris, appears regularly with the Tafelmusik Baroque Orchestra, and plays as a guest with numerous early music ensembles in Canada and abroad.

Limited to 70 participants

Dates: Feb. 16 – Mar. 30 (7 sessions)

Time: Fridays, 10:10 a.m. – 11:50 a.m.

Fee: \$83

Location: Textile Museum

Lecturer: Alison Melville

W42 *The Economist* seminar

Our stimulating discussions are based on articles from this prestigious and influential magazine. The topics dealt with are broad in scope: issues relating to nations, the economy, the arts, science, and the people influencing these concerns. We will focus on specific articles that the class members have been directed to and discuss the challenging issues that are raised in those articles. Join us in a lively and respectful exchange of views.

Please Note: Class members will be able to subscribe to *The Economist* at a considerably reduced annual rate.

Lloyd Cadsby and **Jay Waterman** are both retired lawyers who have found there is LIFE after law by pursuing their interest in world events.

Limited to 30 participants

Dates: Feb. 2 – Apr. 6 (10 sessions)

Time: Fridays, 10:10 a.m. – 11:50 p.m.

Location: CED303

Fee: \$70

Moderators: Lloyd Cadsby and Jay Waterman

W43 The future is now! **NEW**

Genre films that are set in the future or in alternate realities are never so much about what is to come or what might someday be as they are cautionary portraits of present-day issues that interested the moviemakers when they were made. Whether depicting racism and prejudice (*The Brother from Another Planet*, *Logan*), borders and barriers (*Code 46*), the scourge of crime (*A Clockwork Orange*), the degradation of climate change and the perils of overpopulation (*Blade Runner*, *Soylent Green*), or the idea of technology run amuck (*The Forbin Project*, *The Terminator*), those movies are recognizable portraits of our world, albeit filtered through a unique, new lens. They've also often connected with the zeitgeist in a way other films have not and are likely to continue to do so for years to come.

Shlomo Schwartzberg has been an arts reporter, film critic, and programmer for over 30 years. He is the former chair of the Toronto Jewish Film Society and a co-founder and regular contributor to the Critics at Large Website (<http://www.criticsatlarge.ca/>).

Limited to 70 participants

Dates: Feb. 2 – Mar. 23 (8 sessions)

Time: Fridays, 12:10 p.m. – 1:50 p.m.

Location: Textile Museum

Fee: \$92

Lecturer: Shlomo Schwartzberg

W44 Slavery in the ancient world **NEW**

Slavery was ubiquitous in the ancient world. While it was regarded as a necessary evil, a poor and landless existence was considered to be far worse. Under the Greeks, slavery became a phenomenon, never seen before or elsewhere, in which entire nations were reduced to bondage. At its height, the city of Rome may have had nearly equal numbers of free and enslaved people. Through a study of ancient archeological evidence, art, literature, and other documentary sources, we will survey the phenomenon of slavery in various ancient civilizations, examining who could be a slave and how one might become one, what the lives of slaves in antiquity were like, and how a slave might become free.

David Lipovitch, PhD (Harvard '99), is a zooarchaeologist specializing in the history and archaeology of the ancient Near East. Dr. Lipovitch has worked with excavations in Ontario, Israel, Jordan,

and Turkey. He has been lecturing since the 1990s and is currently a research affiliate of the University of Toronto and an instructor at Wilfrid Laurier University.

Limited to 40 participants

Dates: Feb. 2 – Mar. 23 (8 sessions)

Time: Fridays, 12:10 p.m. – 1:50 p.m.

Location: CED303

Fee: \$92

Lecturer: David Lipovitch

W45 Going for it! Highlights of the Toronto 2018 arts calendar **NEW**

In the spirit of the LIFE Institute's tradition of Friday afternoon visits to galleries and key arts events, this course ensures that you will experience the best of the city's dazzling winter cultural roster. Highlights will include visiting exceptional exhibitions, a curatorial tour, and a visit to The Artists' Project. Whether you are a seasoned gallery-goer or a curious novice, we'll all learn a lot, discussing what we're seeing in situ (and afterwards during optional post-outing coffee breaks). Guided by your experienced facilitator, we'll consider the larger issues and discuss matters of intent, process, and context. But most importantly, we will have a great time as we take the cultural pulse of our amazing city.

Founder of Art InSite tours, **Betty Ann Jordan** is an arts writer, commentator, and cultural tour maven. Trained as an artist, she also gives talks on art appreciation.

Limited to 35 participants

Dates: Jan. 26 – Mar. 16 (8 sessions)

Time: Fridays, 1 p.m. – 3 p.m.*

*3 p.m. – 3:45 p.m. optional post-tour discussion**

Location: Various GTA locations

Fee: \$92 **class members will be required to purchase admission tickets for some venues of approximately \$30.**

Lecturer: Betty Ann Jordan

W46 The ups and downs of the Camino de Santiago **NEW**

This course is a fun, yet comprehensive, description of the challenge of completing the last 100 kilometres of the Camino (from Sarria to Santiago) in about six days. It includes the route, how to get physically ready, the clothes/equipment needed, the accommodation options, and descriptions of the towns enroute. We

will also look at the history and myths about the Camino, covering nearly one thousand years, as well as the Galacian culture, food, music, and people.

The class will be presented with the relevant facts and options about the Camino and invited to participate in discussions.

Vince Fearon practiced as an electrical engineer and then industrial engineer prior to becoming a management consultant with PwC. He started his own consulting company in 1984.

Chris Van Duermen is an educator with a background in languages, tourism, and university administration.

Limited to 20 participants

Dates: Feb. 2 – Mar. 2 (5 sessions)

Time: Fridays, 2:10 p.m. – 3:50 p.m.

Location: CED303

Fee: \$45

Moderators: Vince Fearon and Chris Van Duermen

S A T U R D A Y

W47 India's role in world history **NEW**

In 2017, India celebrated the 70th anniversary of its independence from Great Britain. The importance of India on the global stage today must be underlined. The time when the history of India fell under the category of "subaltern studies" is over. This emerging, highly complex and diverse power, plagued by poverty, social inequalities, and underdevelopment, has become the world's largest democracy and remains at the forefront of technological breakthroughs. In many ways, India is a laboratory and core element of globalization. This course will look at some key aspects of India's history: the triumph of Hinduism, the 15th century great discoveries, colonial period, and much more...

Olivier Courteaux holds a doctorate in the field of 20th century international relations. He has taught at various Canadian universities including Ryerson University and the Royal Military College of Canada. Dr. Courteaux is the author of *The War on Terror: Canada's Dilemma* (2009) and *Canada between Vichy and de Gaulle, 1940-1945* (2013) on Franco-Canadian relations during the Second World War, and *Quatre Journées qui ébranlèrent le Québec* on Charles de Gaulle's famous 1967 "Vive le Québec Libre", in 2017.

Limited to 150 participants

Dates: Feb. 3 – Mar. 31 (8 sessions; no class Feb.17)

Time: Saturdays, 10 a.m. – 12 p.m.

Fee: \$92

Lecturer: Olivier Courteaux

W48 Rethinking Asia's influence in the 20th century NEW

Asia, as it turns out, has played a decisive role in shaping the 20th century. In 1905, Japan's overwhelming victory over Czarist Russia had the effect of challenging the system of alliances in Europe, which contributed to the outbreak of the First World War. The Second World War was triggered in the Chinese province of Manchuria in the 1920s. And the Cold War began in Asia. This course proposes to revisit the geopolitical history of the 20th century by emphasizing the key role played by Asia, which, in turn, will help us better understand its growing influence in international relations today.

Olivier Courteaux holds a doctorate in the field of 20th century international relations. He has taught at various Canadian universities including Ryerson University and the Royal Military College of Canada. Dr. Courteaux is the author of *The War on Terror: Canada's Dilemma* (2009) and *Canada between Vichy and de Gaulle, 1940-1945* (2013) on Franco-Canadian relations during the Second World War, and *Quatre Journées qui ébranlèrent le Québec* on Charles de Gaulle's famous 1967 "Vive le Québec Libre", in 2017.

Limited to 150 participants

Dates: Feb. 3 – Mar. 31 (8 sessions; no class Feb.17)

Time: Saturdays, 1 p.m. – 3 p.m.

Fee: \$92

Lecturer: Olivier Courteaux

SUNDAY

W49 The ordinary is extraordinary: art, self-expression and well-being NEW

Eclectic cartoonist and teacher Lynda Barry argues that drawing/doodling taps into "a state of mind which is not accessible by thinking; it seems to require a participation with something...physical we move, like a pen [or] pencil." Inspired by Barry, we will embark on a bold, intuitive journey of creativity and self-expression, and challenge inhibitions through writing, collage, and

drawing. This course is designed for people eager to write or draw for self-awareness, well-being, and joy. Bring crayons, pencils, markers, yarn, canisters, lined paper, imagination, and self-compassion, and create art rooted in play, experimentation, memoir, healing, and more! Work will not be critiqued. You will be encouraged to document, in writing, audio, or video, your expressive journey and share on the last day of class. Short, weekly readings will be assigned and discussed. Some classes will be held off-campus.

Please familiarize yourself with Barry's books, especially, *Syllabus: Notes from an Accidental Professor* (2014) and *What It is* (2008).

Rosalin Krieger earned a Master's degree in Sociology and Equity Studies at OISE-UofT and is a global lecturer, education consultant, literary advisor, editor, writer and visual artist based in Toronto. She is an award-winning broadcaster, a member of Canadian Women in Food. She hosts social-historical food tours in North Toronto, Markham, Thornhill, and Richmond Hill.

Limited to 35 participants

Dates: Feb. 4 – Apr.1 (8 sessions; no class Feb.18)

Time: Sundays, 1 p.m. – 3 p.m.

Fee: \$92

Lecturer: Rosalin Krieger

W50 Through an architect's eye: my favourite cities NEW

Join Shermeen on a journey through Rome, Paris, Florence/Savannah, Istanbul, Barcelona and Berlin exploring architecture old and new. This course will take participants on a journey to cities she has explored extensively, looking at architectural styles, iconic buildings and renowned architects. Each week will focus on a city, looking at its history, city planning and public spaces, art and architecture.

Shermeen Beg is an architect turned educator and combines all her interests in art, architecture, and history by working at the Aga Khan Museum in Toronto.

Limited to 80 participants

Dates: Feb. 4 – Mar. 28 (6 sessions; no class Feb.18)

Time: Sundays, 1 p.m. – 3 p.m.

Fee: \$74

Lecturer: Shermeen Beg

LIFE CLUBS

CLASSIC NOVELS BOOK CLUB

Let's revisit and rediscover the great works of fiction that have stood the test of time. Their themes are universal, their characters memorable, their scope large, and their insight profound. Join us as we meet – usually on the **fourth Saturday or Sunday** of every month - to savour some literary classics.

All LIFE members are welcome to join.

Dates: Sat., January 27; Sat., February 24; Sun., March 25, Sat., April 28

Time: 10 a.m. – 12 p.m. (noon)

Coordinators: Patricia Wilkes (416) 766-0833, Simon Pearson, Martha Wall



COMPUTER CLUB



The computer club meets to share computer experiences and listen to short presentations. Ample time is provided for general question-and-answer sessions. The computer club has expanded their interests to include smart technology. *All LIFE members are welcome, whether they are taking computer courses or not.*

Dates: to be confirmed

Time: to be confirmed

Location: to be confirmed

Fee: to be confirmed

Coordinator: Robert Fabian robert@fabian.ca

LUNCHEON CLUB

The luncheon club usually meets the **fourth Thursday** of the month at an ethnic restaurant or one that is a neighbourhood favourite or unique in some other way. Members recommend restaurants that are reasonably priced and accessible via TTC and share in the responsibility of organizing lunches. Members are sent notices of up-coming lunches beforehand and **must reply if they plan to attend**. Most restaurants are small and space is limited so reservations are necessary. For further information contact **coordinator:** Pam Hitchcock at pamandjohn@sympatico.ca.



MOVIE CLUB: LIFE Goes to the Movies



All LIFE members are welcome to join the Movie Club for monthly matinees. Membership is free and emails are sent to club members with complete details regarding each month's film. Check the club blog to get a sense of the types of movies we enjoy: <http://www.lifemovieclub.blogspot.ca/>. Many members like to get together at a nearby restaurant afterward. If you plan to join in the noshing and nattering, RSVP is required the Monday before the film. *No need to RSVP if you're not going to the restaurant.*

Day: **First or second Tuesday** of each month, depending on the arrival date of new films

Time: Early to mid-afternoon

Location: A cinema easily reached via TTC

Coordinator: Terry Poulton

To register for membership: Send an email to poultonterry@gmail.com

PHOTOGRAPHY CLUB



Are you interested in photography as an art form? Do you want to be able to make better images? Our meetings will feature discussions of ideas and techniques, equipment, computer software, common problems, etc. We include sharing and constructive feedback for each other's images, and sometimes group shoots or gallery visits. The club is aimed at those who already have some experience making photos, but LIFE members at *any* level of expertise are welcome. A schedule of topics will be chosen at the beginning of each term.

Dates: Dates to be confirmed

Time: First and second Tuesday of each month during term, 4 – 6 p.m.

Location: CED303

To join the Club email lifeperture@gmail.com and indicate you want to be a member

TRIPLE 'E' INVESTMENT CLUB

The Triple-E Investment Club meets monthly to monitor the investment scene, to learn how to put together portfolios, and to enhance our investing knowledge. At club meetings we review the economic events of the past month, make presentations, review reports and books, and discuss issues raised by members.

You must be a LIFE member to attend.

Dates: January 9, February 13, March 13, and April 10

Time: Second Tuesday of each month, 4– 6 p.m.

Location: CED303

Annual Fee: \$5

Coordinators: Harold Brief

To Register: Harold Brief harold.brief@gmail.com



ACCESSIBILITY AT RYERSON

Would you like to know where stairs, accessibility paths, ramps and automated doors are located in Ryerson's buildings? There is a comprehensive set of Ryerson University Accessibility maps, in pdf format, available on-line at: www.ryerson.ca/cpf/accessmaps.html

The LIFE Institute is a member of

3A Third Age Network (TAN)
NETWORK an association of lifelong learning groups in Ontario

for more information:

<http://www.thirdagenetwork.ca/>

WINTER 2018 COURSES AT A GLANCE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:10 a.m. To 11:50 a.m.	Central Asia and the Silk Road ILLC INTL Magna Carta and the making of the modern world TEXTILE People, politics, and other issues CED303 Telling the truth: the art of the memoir ILLC226	Creating photobooks VIC607A Shaw Festival preview VIC502 Paths to reconciliation with Canada's indigenous peoples CED303 World religions: a Rubik's cube TEXTILE	The great houses of Toronto: an urban architectural odyssey ILLC INTL Light up your life and your brain CED303	iPad basics course – for beginners CED303 Brain and mind TBA Currents in events – what matters TBA Thursday morning at the opera TEXTILE	Concordance of sweet sounds: instrumental music of the Baroque TEXTILE <i>The Economist</i> seminar CED303	10 a.m. – 12 p.m. India's role in world history TBA	1 – 3 p.m. The ordinary is extraordinary TBA Through an architect's eye TBA
12:10 to 1:50 p.m.	Drawing: freehand basics II CED303 The new global economy TEXTILE Should Kathleen win? ILLC INTL	The art and science of possibility CED303 Celebrating women artists TBA Latch on! Fats Waller and the Harlem Renaissance TEXTILE Organizing, managing, and enhancing your photographs VIC607A	Ancient Greek literature and philosophy CED303 Book talk VIC607A The wizard of odd: the films of David Lynch ILLC INTL	The biology of our changing bodies TBA Leaving a legacy: your life story CED303 The rise of identity politics TEXTILE	The future is now TEXTILE Slavery in the ancient world CED303	1 – 3 p.m. Rethinking Asia's influence in the 20 th century TBA	
2:10 to 3:50 p.m.	Bob Dylan: words and music ILLC INTL Into the mystic TEXTILE Lessons of the Vietnam war ILLC226	The view from anthropology TEXTILE War and peace in the Middle East CED303	Roll over Beethoven ILLC INTL Significant Canadian criminal trials CED303 Theatre alive! OFFSITE	Activism in the media TBA Giacometti: a pure presence TEXTILE Yayoi Kusama: infinity mirrors TEXTILE	Going for it! Highlights of the Toronto 2018 arts calendar OFFSITE The ups and downs of the Camino Santiago CED303		
4:10 to 5:50 p.m.	Discussion de films francophones X CED303						

LIFE Institute Calendar WINTER 2018

www.thelifeinstitute.ca

LIFE Institute

Mailing address:

LIFE Institute
The G. Raymond Chang School
of Continuing Education
Ryerson University
350 Victoria Street
Toronto, ON M5B 2K3

Office location:

The Chang School, 3rd floor, room 306
297 Victoria Street

Office hours:

Monday - Thursday 9 a.m.–3 p.m.
Friday 9 a.m.–12 p.m.
Tel: 416.979.5000, ext. 6989
Fax: 416.979.5286
Email: info@thelifeinstitute.ca

Programs for 50+

The G. Raymond Chang School
of Continuing Education
Ryerson University
Tel: 416.979.5103
Fax: 416.979.5286
Email: ce@ryerson.ca



**The Chang School
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*Learning is
For Ever*